

Terms and Conditions

TNT Performance & Rehab – Terms and Conditions

Last Updated: June 2026

Welcome to TNT Performance & Rehab. By accessing our website, booking an appointment, participating in our services, or using our online resources, you agree to be bound by these Terms and Conditions.

If you do not agree with these Terms and Conditions, please do not use our website or services.

1. About Us

TNT Performance & Rehab provides physiotherapy, rehabilitation, athlete testing, speed and strength training, sports science services, health psychology referrals, education, workshops, and related healthcare and performance services.

2. Acceptance of Terms

By:

- Using our website;
- Making an enquiry;
- Booking an appointment;
- Participating in a consultation, assessment, testing session, training session, workshop, or event;

you acknowledge that you have read and agree to these Terms and Conditions, our Privacy Policy, Medical Disclaimer, and Cancellation Policy.

3. Professional Services

All recommendations, assessments, treatments, reports, exercise programs, and performance advice are based on information available at the time of consultation.

No guarantee is provided regarding:

- Recovery outcomes;
- Injury prevention;

- Performance improvements;
- Competition results;
- Sporting selection;
- Return-to-play timelines.

Individual outcomes vary.

4. Athlete Testing and Performance Services

Participation in athlete testing, speed training, strength training, rehabilitation, workshops, and related activities involves inherent risks including:

- Muscle soreness;
- Strains and sprains;
- Falls;
- Sporting injuries;
- Aggravation of existing conditions.

Participants acknowledge these risks and voluntarily participate in all activities.

Participants are responsible for informing TNT Performance & Rehab of any injuries, medical conditions, medications, or changes in health status prior to participation.

Parents or guardians must provide consent for participants under 18 years of age.

5. Medical Clearance

We may require medical clearance before participation in certain services.

TNT Performance & Rehab reserves the right to refuse participation where safety concerns exist.

6. Appointments and Bookings

Appointments are subject to availability.

We reserve the right to reschedule appointments due to practitioner illness, emergencies, venue issues, weather conditions, or unforeseen circumstances.

Where possible, reasonable notice will be provided.

7. Fees and Payments

Fees for services are payable at the time of consultation unless otherwise agreed.

Outstanding accounts may result in future bookings being declined until payment is received.

Prices may be updated periodically without notice.

8. Cancellation Policy

Appointment cancellations are governed by our separate Cancellation Policy.

By booking with TNT Performance & Rehab, you agree to the cancellation fees and conditions outlined in that policy.

9. Group Training Programs

Group Speed Training memberships and training programs operate on scheduled session times.

Missed sessions may not be refundable.

Make-up sessions may be offered at the discretion of management and subject to availability.

TNT Performance & Rehab reserves the right to alter session times, locations, coaches, or group structures where required.

10. Workshops and Events

Workshop and event registrations are subject to availability.

TNT Performance & Rehab reserves the right to cancel or reschedule workshops and events.

Where an event is cancelled by TNT Performance & Rehab, participants will be offered an alternative date or refund where applicable.

11. Intellectual Property

All content on this website remains the property of TNT Performance & Rehab unless otherwise stated, including:

- Logos;
- Branding;
- Reports;
- Athlete testing systems;

- Training programs;
- Videos;
- Images;
- Educational resources;
- Website content.

No content may be reproduced, copied, distributed, or commercially used without prior written consent.

12. Website Use

Users agree not to:

- Use the website unlawfully;
- Interfere with website security;
- Upload malicious content;
- Attempt unauthorized access to systems or information.

We reserve the right to restrict access where misuse occurs.

13. Third-Party Links

Our website may contain links to third-party websites.

TNT Performance & Rehab is not responsible for the content, privacy practices, services, or products provided by third parties.

Accessing third-party websites is at your own risk.

14. Limitation of Liability

To the maximum extent permitted by law, TNT Performance & Rehab, its directors, practitioners, employees, contractors, coaches, and affiliates exclude liability for:

- Injury;
- Illness;
- Property damage;
- Financial loss;
- Loss of opportunity;
- Indirect or consequential damages;

arising from participation in services, use of the website, or reliance on information provided.

Nothing in these Terms excludes rights that cannot be excluded under Australian Consumer Law.

15. Privacy

Collection and handling of personal information is governed by our Privacy Policy.

By using our services, you consent to the collection and use of information as outlined in that policy.

16. Photography and Media

From time to time, photographs or videos may be taken during athlete testing, training sessions, workshops, or events.

These images may be used for:

- Coaching and performance analysis;
- Educational purposes;
- Marketing and promotional activities.

Participants may opt out by notifying TNT Performance & Rehab in writing prior to participation.

17. Changes to Terms

TNT Performance & Rehab may amend these Terms and Conditions at any time.

Updated versions will be published on the website and become effective immediately upon publication.

18. Governing Law

These Terms and Conditions are governed by the laws of South Australia.

Any disputes arising from these Terms shall be subject to the jurisdiction of the courts of South Australia.

19. Contact Us

TNT Performance & Rehab

Email: admin@tntperformanceandrehab.com.au

Website: www.tntperformanceandrehab.com.au

By using this website or engaging with our services, you acknowledge that you have read, understood, and agreed to these Terms and Conditions.